

NEK FOOD ACCESS DIRECTORY



Spring
'26
Edition

3SquaresVT

3SquaresVT can help you put healthy foods on your table every day! Wondering if you are eligible or want help applying? **Text VFBSNAP to 85511 or call 855-855-6181, or for 60+ only call 800-642-5119.**

Meals on Wheels Program

Are you age 60 or older? You may be eligible to receive home-delivered meals through the Meals on Wheels program. **Call NEK Council on Aging at 800-642-5119 to register.**

Senior Meals

Senior Meals sites are open to all. While there is no charge for anyone age 60+, there is a suggested donation which varies by meal site. Guests under age 60 are charged a guest fee. **See Directory listings for locations.**

VCIL

Vermont Center for Independent Living's (VCIL) Meals on Wheels program provides meals to Vermonters (age 60 and under) that are experiencing serious illness, injury, or disability. This program assures that people who are unable to prepare their own meals and/or have no help with meal preparation get healthy meals. Meals are provided short or long-term depending on need. 1-800-639-1522, or www.vcil.org

Commodity Supplemental Food Program

If you're 60 or older, you can save money on groceries and still eat the foods you love. The Commodity Supplemental Food Program provides a free box of food each month, which you can pick up at a designated location. **Enroll by calling 1-800-214-4648 or go to vtfoodbank.org/share-food/csfp.**

WIC (Women, Infants, and Children)

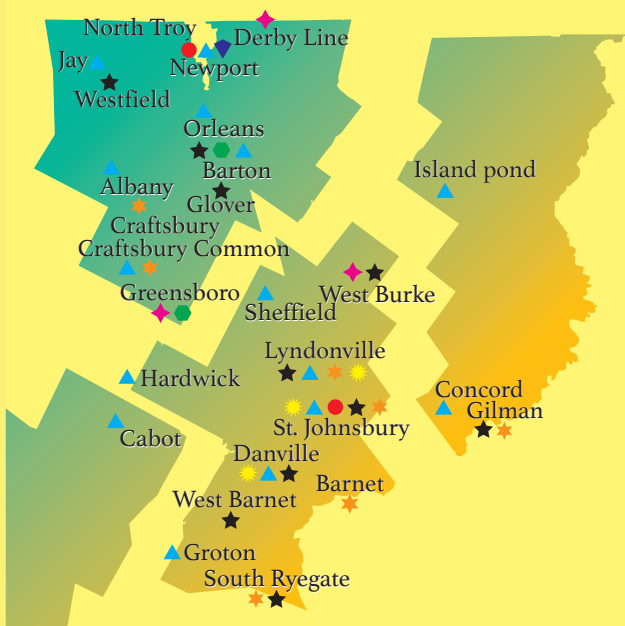
WIC provides healthy foods, nutrition education, breastfeeding support, and referrals for Vermonters who are pregnant, new parents and children up to age 5. Visit healthvermont.gov/wic to learn more and start your application online. Call the Newport office at 800-952-2945, or the St. Johnsbury office at 800-952-2936.

Head Start/Early Head Start

Children receive healthy meals and snacks while attending Head Start/Early Head Start programs that provide education-based skills to help children become confident and excited learners. Services are free for all eligible families. For more information, call 802-525-3362.

Dial 2-1-1 or go to vermont211.org for additional resources

TRI-COUNTY MAP



24/7 Self Pickup



Community Meals



Community Garden



Food Shelf



Community Delivery



Senior Meals

DIRECTORY BY COUNTY

CALEDONIA

BARNET

West Barnet Meal Site

West Barnet Prebyterian Church

279 West Main St.

Wednesday & Friday 11:30a.m. - 12:30p.m.

Dine in, delivery or pickup*

*Must call to preorder pickup: (802)633-4068

before 9a.m. on the day of pickup,

(802)535-7860 or (603)638-4002 any other time.



DANVILLE

Danville Congregational Church

87 Hill St. (802)684-1151

Community Dinner

3rd Monday of the month. 6p.m.



The Open Door Food Shelf & Thrift Shop

Danville Ecumenical Community Center

29 Hill St., (802) 684-2515

Mondays, Wednesdays, Fridays, 10 a.m.- 1p.m.



GROTON

Ryegate/Groton Food Shelf

1476 Scott Hwy., (802)584-3276

Appointments scheduled during Town Clerk

Office Hours: Monday- Thursday 8:30a.m.-3p.m.

Call ahead to arrange pickup.



Groton Public Free Library

1304 Scott Hwy., (802)584-3358

Wednesday 11a.m.-5p.m.

Thursday 11a.m.-4p.m.

Friday 2:30p.m.-7p.m.

Saturday 9a.m.-12 noon

Little Free Pantry / Fridge available in
Library kitchenette.



Re-Treasured Community Closet

1334 Scott Hwy., (802)222-0543

Thursday 2p.m.-7p.m.

Food Shelf, Clothes, Hygiene Products



24/7 Self Pickup



Community Garden



Food Shelf

CALEDONIA

HARDWICK

Hardwick Area Food Pantry (HAFP)

140 Junction Rd., (802)472-5940

Monday 12p.m.-2p.m.,

Thursday & Saturday 9a.m.-11a.m.

Delivery available - call or email

(hardwick@hardwickareafoodpantry.org)

to schedule. nourishhardwick.org/pantry



Hardwick Community Lunch

United Church of Hardwick

216 South Main St., (802)472-6353

Third and fourth Thursdays 12p.m.-1p.m.

Pick-up only, call to sign up.



LYNDONVILLE

Darling Inn Senior Meals

76 Depot St., (802)626-8700

Available Monday-Thursday 12p.m.

Call to order meals for pickup.

Dine-in. Home delivery.



H.O.P.E.

136 Church St., (802)626-3228

Tuesday - Friday 10a.m. - 2:30p.m.



Lyndon Area Food Shelf

St. Peters Mission, 51 Elm St.

(802)626-5586

Wednesday 7a.m. - 2p.m.



Neighbors in Action

101 Main St., (802)626-1212

Food Share box pick-up: 2nd and 4th Friday
of the month, 10:30a.m. - 12:30p.m.



Grace United Methodist Church

36 Central St., (802)748-2895

Community Lunch

Monday (Except Holidays), 11a.m. - 12:15p.m.

Dine-in or Take-out.



Kingdom Community Services

Food Shelf

36 Steeple Place, (802)751-8581

Tuesday & Thursday 12p.m. - 3:45p.m.



Community Delivery



Community Meals



Senior Meals

CALEDONIA

Mustard Seed Soup Kitchen

178 Eastern Ave., (802)748-9870
Tuesday & Thursday 11a.m. - 1p.m.
Dine-in and take-out available.



NEKCA Community Food Pantry St. Johnsbury

1197 Main St., 2nd Floor (855)663-5224
Monday & Wednesday
12p.m. - 3p.m.



NEK Neighbors Helping Neighbors Food Shelf

125 Mountain View Dr., (802)535-3555
Mountain View Apartments, Community Room.
4th Thursday 1p.m. - 5p.m.



Pleasant Street Baptist Church

193 Pleasant St. (802)748-9029
Wednesday 6p.m.-8p.m.
Sunday 10a.m.-1p.m.
Sunday Worship Service.



Shares Corporation

178 Eastern Ave., (603)651-8080
Friday 1p.m. - 4p.m.
Tuesday & Saturday 9a.m. - 12p.m.



St Johnsbury Nutrition Center

1207 Main St., (802)748-5467
Monday - Friday 10a.m. - 12p.m.
Home delivered meals, pick-up/take-out.
Dine-in.



St. John the Evangelist Community Supper

49 Winter St., (802)467-3019
Next to last Tuesday of each month, 5p.m.-6p.m.



United Community Church

1325 Main St., (802)748-2603
Wednesday and Friday 11a.m. - 12:15p.m.
Dine-in and take out.



Universalist Unitarian Meeting House

47 Cherry St.
Saturday 11a.m. - 12:15p.m.
Eat in or Take-out



CALEDONIA

SHEFFIELD

Sheffield Food Pantry

Sheffield Town Hall, 3210 VT Rte 122

(802)397-2263

2nd & 4th Wednesdays of the month

11:30a.m. - 1p.m.

Open to all living within a 20 mile radius of Sheffield, except for those who have a food shelf in their own town.



SOUTH RYEGATE

South Ryegate Senior Meals

South Ryegate Presbyterian Church

114 Church St., (802)584-3727 - after 8:30a.m.

Tuesday, 12p.m., doors open at 11:30a.m.

Call by 10:30a.m. for take-out. Available at 12p.m.

Dine-in and home delivery.



WEST BURKE

Little Free Food Pantry - Sunshine Box

Universalist/West Burke Library Building

West Burke Green



West Burke Senior Meal Site

Community Building, 212 School St.,

(802)467-3423 Call to Order.

Monday, Wednesday, Friday 12p.m.

Home delivery, dine-in, and pickup/take-out meals



Community Delivery



Community Meals



Senior Meals

ESSEX

CONCORD

Sid's Pantry

Concord Health Center (802)695-2512

201 East Main St.

3rd Saturday, 10a.m. - 12p.m.



GILMAN

Gilman Senior Center

19 Parrish St., (802)892-1052

Tuesday - Friday 11:30a.m. - 1p.m.

Dine-in or Take-out.

Home deliveries 1x per week and

take out by pre-order.

Food shelf last Saturday 10a.m.-12p.m.



ISLAND POND

Green Mountain Bible Church

567 Route 105 (802)723-6143

2nd Monday Meal, 4p.m.-5:30p.m.

Food box pick-up 4:30p.m.-5:30p.m.



Island Pond Community Services

Sunrise Manor, 94 Main St., (802)723-6130

Monday, Tuesday & Friday, 12p.m.

Congregate open.



NEKCA Community Food Pantry

Island Pond

49 Mill St., Lower Level (802)723-5276

Tuesday 10:30a.m. - 3p.m.

Thursday 9a.m. - 1:30p.m.

Check our website for updated hours:

nekcavt.org



FRANKLIN

MONTGOMERY

The Heart Full Kitchen

57 Main Street (802)370-5676

3rd Tuesday 1p.m.-6p.m.

or by appointment



24/7 Self Pickup



Community Garden



Food Shelf

ORLEANS

ALBANY

Albany Food Share (HAFP)

Albany Town Hall

290 Water Street (802)323-1521

Saturday 10:30a.m. - 12:30p.m.

Delivery available to Albany and Irasburg

Visit nourishhardwick.org for more information

albany@hardwickareafoodpantry.org



BARTON

The Barton Hub

17 Village Square (802)858-2755

Tuesday & Thursday 12p.m.



COVENTRY

Coventry Congregate Meals

168 Main Street (802)672-6472

Tuesday 12p.m. Must call ahead.



CRAFTSBURY COMMON

Craftsbury Food Share (HAFP)

UCC-Church on the Common, 7 Church Lane

(802)586-0191

Thursday 12p.m. - 3p.m.

nourishhardwick.org/pantry

craftsbury@hardwickareafoodpantry.org



GLOVER

The Glover & Barton Senior Center

3018 Glover St., VT Rte. 16, (802)525-1000

Monday-Thursday meal at noon.

By appointment



HOLLAND

Holland Food Shelf

26 School Road (802)779-7015

1st & Last Wednesday 4p.m.-6p.m.

3rd Wednesday 9a.m. - 12p.m.

2nd Saturday 9a.m. - 12p.m.



Community Delivery



Community Meals



Senior Meals

ORLEANS

JAY

Jay Area Community Food Shelf

1036 Rte. 242, (802)848-3133

Thursday 9a.m. - 12p.m.

May be used once per month, or on an emergency basis



NEWPORT

Forever Young Club (55+)

222 Main Street (802)323-7150

Wednesday 12p.m., \$5-\$10 meals

In the Community Room at the Municipal Building



NEKCA Community Food Pantry Newport

70 Main Street (855)663-5224

Tuesday, Thursday, Friday

12p.m. - 3p.m.

Check our website for updated hours:
nekcavt.org



Saint Mark's Episcopal Church

44 Second St., (802)334-7365

Monday 11:30a.m. - 12:30p.m.

or by appointment.



United Church of Newport

63 Third St., (802)334-6033



ORLEANS

ORLEANS

Lake Region Senior Center

15 Main Street (802)754-6442

Monday-Friday 12p.m.



Little Free Food Pantry ~ The Blessing Box

Orleans Federated Church, 24 School St.

24-hour access outside church's front door



Orleans Community Food Shelf

Orleans Federated Church

24 School Street (802)754-6486

Monday 8:30a.m.-10:30a.m.



WESTFIELD

Westfield Senior Meal Site

59 North Hill Rd., (802)744-5466

Thursday, 9:00am - 3:00pm.

Dinner is served at noon.

People arrive early to play cards and stay after for bingo. Pickup/takeout or sit-down service.

Call ahead for pickup, but sit-downs have priority. May pickup for friend/neighbor.



WASHINGTON

CABOT

Neighbors in Action

3339 Main St., (802)563-3322

2nd & 4th Wednesday of each month

12p.m. - 2p.m.

Community Meal

3rd Saturday, 4:30p.m.-6:30p.m.



Community Delivery



Community Meals



Senior Meals



Food Hero is here for you!

Whether you are a new or experienced gardener or cook, Food Hero has resources for everyone.

You'll find...

Healthy recipes that are tasty, quick, easy and low-cost.

Gardening tips that are simple, timely and low-cost.

Materials developed by cultural workgroups.

Food Hero Monthly with tips about featured foods.

Seasonal blog posts on nutrition and gardening topics

All information is available in Spanish and in English.

This directory is updated and distributed by a wide range of NEK-based food access organizations.

If you find any errors, please let us know by calling (855) 663-5224 or emailing info@nekcavt.org